



EMAAR

DUBAI HILLS
MALL



DUBAI HILLS MALL INDOOR SUMMER RUN SERIES

10km | 5km | 2.5km | 1km

RACE BRIEFING

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DUBAI HILLS
MALL

Dubai Hills Mall Indoor Run powered by SKECHERS

RACE DATES

RACE 1: 28 June 2025

RACE 2: 20 July 2025

RACE 3: 17 August 2025

RACE 4: 14 September 2025

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INTRODUCTION

Thank you for joining us at this exciting indoor run at Emaar's Dubai Hills Mall.

The following pages outline all the important information you need to know on race day.

A reminder to all runners that this is a community - based event focusing on allowing individuals, families, clubs and groups of runners to experience a race environment in a social yet competitive atmosphere.

Good luck to you all!

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DUBAI HILLS MALL

DIRECTIONS

- [Location - Click here.](#)
- Google: Dubai Hills Mall

PARKING

- There is plenty of free covered parking – [follow this link](#)

RACE DAY PROGRAM

Be checked in at least 20 minutes before the start of the race.

6:00am – Check-in opens (in front of Home Centre on Ground Floor)

6:55am – Welcome and Briefing

7:00am – 10km Starts

7:03am – 5km Starts

7:05am – 2.5km Starts, check-in closes

8:15am – 1km Kids Fun Run

8:30am – All races finish

8:45am – Prize Giving

9:00am – Prize Giving finishes

THERE IS NO BAG DROP!

- 1st, 2nd & 3rd overall winners, in each distance receive a trophy and voucher.
- 1st, 2nd & 3rd in age category, in each distance receive a medal.
- Overall winners are removed from the age category placings, so that the prizes are spread around more.

RACE NUMBER COLLECTION

- Race pack collection is on the morning of the race at Race Check In which opens at 6am.
- Once you know your race number, proceed directly to your respective Bib collection desk and collect your Bib # with timing chip attached.
- When collecting your race number, you will be asked your full name, gender and age. This is to check that you are collecting the correct race number and that you are not entered into the wrong age category or gender. Please assist our staff with this data check to ensure the correct race results are recorded for all participants.
- You must have checked in and received your timing chip 20 minutes before your race start.
- Once you have done that, head to the Race Village and wait for the race briefing from our Race Director – Warren.

RACE BIBS

- Bibs must be worn on your upper body with the number facing outward.
- Safety pins are in the envelope.

TIMING CHIP

- Timing chip is attached to the back of your race bib .
- Ensure your bib has 1 timing chip stuck to the back and if not, please see Super Sports staff on the day to issue you with a new bib .
- **DO NOT REMOVE THE CHIP FROM THE BIB.**
- **IF YOU RUN WITH NO BIB – YOU WILL RECEIVE NO TIME AND NO RESULT!**

RACE DISTANCES & AGE GROUPS

- Age Groups are calculated as per your age on race day. Male and Female categories for all age groups.

10km – male and female – 14 – 18 years, 19 – 29 years, 30 – 39 years, 40 – 49 years, 50 – 59 years, 60 years+

5km – male and female – 6 – 8 years, 9 – 12 years, 13 – 18 years, 19 – 29 years, 30 – 39 years, 40 – 49 years, 50 – 59 years, 60 years+

2.5km – male and female – 0 – 8 years, 9 – 12 years, 13 – 18 years, 19 – 29 years, 30 – 39 years, 40 – 49 years, 50 – 59 years, 60 years+

1km – male and female – 0 – 6 years, 7 - 9 years, 10-12 years

RACE RULES

- Keep to the right-hand side of the track all the time - run in an anticlockwise direction.
- 10 km = 4 laps
5 km = 2 laps
2.5km = 1 lap
1km = 1 lap
- You must have your run number visible on the front of your upper body or race clothing and always keep it visible when on the run course.
- Your upper body must be covered at all times on the run portion of the race.
- Shoes are compulsory.
- No form of locomotion other than running, walking or crawling is allowed.
- Children U 9 yrs, who are not confident enough to run on their own, may be accompanied by 1 parent, who doesn't pay, and this parent will not receive a race time or position, nor medal, shirt or any of the give aways.

START PROCEDURES

- Please wait outside the start area till your distance is called to the start line.
- Runners to self - seed themselves with faster runners near the front and more social runners toward the back.
- If you start with the wrong distance, you will not receive a time for the race eg: if you entered the 5 km and you start with the 10 km no start time will be recorded.
- Gun times will be used for this race so everybody will have the same start time irrespective of where you start from in the start area.

END OF RACE PROCEDURES

- When crossing the finish line, please keep moving through the finish chute then you will receive your finishers medal.
- Scan the QR codes to see your result.
- Wait for Prize Giving.

PRIZE GIVING

- 1st, 2nd & 3rd overall winners, in each distance receive a trophy and voucher.
- 1st, 2nd & 3rd in age category, in each distance receive a medal.
- Overall winners are removed from the age category placings, so that the prizes are spread around more.

RACE RESULTS

- Please scan the QR codes in the Race Village to view your result once you have finished running.
- Full results will be on the Super Sports website as soon as possible, [click here](#).

PHOTOS

- When you see the cameramen, remember to give them a smile or a thumbs up, especially when you cross the finish line.
- Photos can be found on your results page by clicking on the CAMERA icon and then doing a bib or selfie search.
- Photos will be available 24 hours after the race has finished.

- **T-SHIRT**

Once finished racing, hand your race bib in at the T-Shirt stand and collect your free shirt.

- **FINISHERS MEDAL**

When crossing the finish line, please keep moving through the finish chute then you will receive your finishers medal.

- **REFRESHMENTS / WATER STATIONS**

There are 2 self - service water stations on course and 1 at the finish line.

Fruits at the finish line.

- **AMBULANCE**

and paramedic services will be on site and in the event of any athletes being in trouble, please inform the closest race marshal to call for assistance.